



[yourworthcoach.com](http://yourworthcoach.com)

*Hanna Morrell*

HOLISTIC FINANCIAL  
COACH

MEDIA KIT

# *Hi, I'm Hanna!*

My mission is to teach people how to trust themselves with their money!

Why? Because I know what it feels like to NOT trust yourself with money...

Just when you've got one obstacle behind you, another emergency pops up. You've paid off your credit cards, and then the brakes on the car have to be done. You finally got that long-worked for raise, and now a kid needs braces. You're two steps forward, one step back, then another step back, and then another. What's the point of working this hard if it's not ever going to pay off?

I know what it's like to have plenty of income, yet never having enough savings, never feeling secure or safe.

"Once I get the car paid off..."

"I just have to get this job, and then everything will be fine..."

"I just need to get my tax return, and then I'll be all caught up..."

Like most of the people in your audience, I know what it's like to keep yourself up at night doing the math on your bills over and over. I know what it's like to feel like a bad person or a bad parent because you can't pay your bills on time even if you have plenty of income!

I know the moment of realization that something has to change while having no idea where to start.





## SPEAKING TOPICS

- ✓ How restriction, obligation and shame are NOT useful ways to make good financial decisions. (And what you can do instead)
- ✓ How to talk to your partner about money without fighting.
- ✓ How to reduce procrastination without making yourself feel like \*\*\*\*.
- ✓ Why traditional budgets don't work and how I teach an adaptive, personalized budgeting system.



AS SEEN IN

[realsimple.com](https://www.realsimple.com)

[fingerprintforsuccess.com](https://www.fingerprintforsuccess.com)

Lift-off with  
Energizing Results  
podcast

[sounddollar.com](https://www.sounddollar.com)

[credello.com](https://www.credello.com)

## Success Stories

“I was so much closer to not being stressed out than I thought! Once Hanna taught me how to trust myself with my money and be aware without shaming myself, I was able to sleep at night!

*Client M*

“The bills were piling up and we were avoiding talking about money. Now we have our own "money language" and talking about money is almost fun.

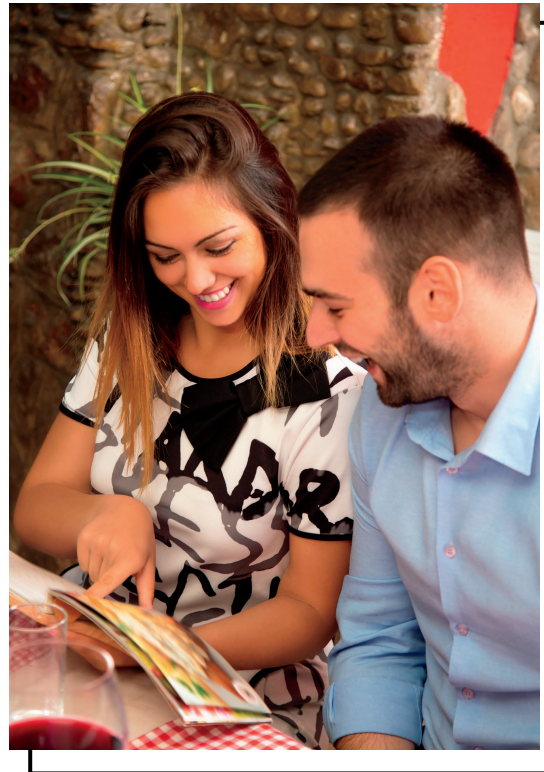
*Clients B&R*

# Articles

[yourworthcoach.com/articles](https://yourworthcoach.com/articles)

Wondering where to start?

Check out these articles on money mindset, financial resilience, how finances affect our relationships!



## MOST VIEWED ARTICLES

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The Myths and Realities of Financial Independence

How and When to use your Emergency Fund

Stop Telling People they are Wasting Money



## WHO I WORK WITH

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- Individuals wanting to set themselves up for financial success
- People starting the process of or recovering from a separation or divorce
- Couples looking to optimize their finances
- Couples who's financial conversations leave both partners feeling unheard/unsafe

## WHAT YOU CAN EXPECT

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Everything within the Pacific Stoa curriculum is collaborative, individualized, and full of choice! Our collaboration will be very much the same!



[hanna@pacificstoa.com](mailto:hanna@pacificstoa.com)  
[yourworthcoach.com](http://yourworthcoach.com)  
503-908-3425

## GET IN TOUCH

What would holistic financial wellness look like for your audience? Let's find out together!

*Be well!*  
*-Hanna*